

# MALABAR TIMES

March - April 2019

The Malabar Hill Club Magazine



NOTICE  
BOARD,  
EVENT  
CALENDAR,  
AND  
PHOTO  
GALLERY



FEATURE

The Land  
Of The  
Incas



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# From The President's Desk

faced by us, the Club has undertaken some path breaking steps. The Club undertook a Swatchh Club Abhiyaan where they undertook deep cleaning covering every nook and corner, every area within the kitchen, the restaurants, the bar and almost all back offices. There were intense pest control and hygiene measures undertaken. We continue to strive for healthy and better quality of services.

I thank the members for their patience during this period.

The club hosted the Chembur Club for friendly tennis matches. During the last couple of months the Club also held the following sporting Tournaments ;

- The American Jumbles Tennis
- The American Jumbles Badminton
- The Home Table Tennis
- The MHCCL Cricket League
- Gym Fitness Tournament

The Club also held several Social and Musical events. Sufi Night always a hits amongst them.

We look forward to seeing you all at the Club Anniversary on the 30 March 2019 in large numbers.

We at Malabar Hill Club, never fall short of dreaming about a perfect Club and are continuously striving for the same in the best interest of its members and society at large.

What you do makes a difference and you have to decide what kind of difference you wish to make!!

Warm regards  
Dr Mital Chokshi,  
President,  
Malabar Hill Club.

Dear Members,

Greetings for the Financial Year end 31 March.

Our Heartfelt Condolences and Prayers to the families of the CRPF Jawans attacked by terrorists.

**THE CLUB SALUTES YOUR SACRIFICE!!**

We do hope you enjoyed the Union Budget 2019-20 and its after effects.

The income tax rebate upto income of ₹5 lacs will go a long way towards enhancing the take home salaries of one and many. The housing reliefs about two houses and notional rent are a boon to many of us Mumbaikars.

For de-stressing from the stock market volatility please do visit the club in large numbers.

Moving from the fiscal and economic challenges



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E: ESCAPES@LEOTRAVELS.COM

BESPOKE VACATIONS

# In this issue...

## **MALABAR HILL CLUB**

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Dr. Mitil Chokshi

### **SECRETARY**

Nitin L. Shah

### **ADMINISTRATION**

Payal Kanojia

Kavita Sagwekar

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### **EXECUTIVE PUBLISHER**

Maneck Davar

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Rohit Nayak

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## **NOTICE BOARD**

**05**

All the important updates you need to know as a Club member

## **EVENT CALENDAR**

**07**

Welcome the New Year with a range of fun activities here at the Club

## **DESTINATION FEATURE**

**18**

Peru, a country located in western South America is a land of distinct geography, vivid biodiversity, and is home to some of the oldest civilisations

## **PHOTO GALLERY**

**24**

Tennis, Republic Day, cricket and more are all featured in this month's gallery

## BILL PAYMENT BY CHEQUE

Members are informed that while making payments by cheque, the same should be drawn in favour of 'MALABAR HILL CLUB LTD.' Only.

Cheques received with overwriting and/ or corrections or other than 'MALABAR HILL CLUB LTD.' Will not be accepted by our bank as per their instructions.

Members are requested to take note of the same.

## SPOUSE MEMBERSHIP

On expiry of a member, the spouse has to apply for membership within a year from the date of death of the member; after which, such a spouse will not have the right to apply for membership.

Also, for any married daughter posing as unmarried daughter found using the club's facilities on their parent's membership, action will be taken against the member concerned as per the articles of association.

## SERVICE AGAINST SMART CARD ONLY

Members are informed that w.e.f. 2nd January, 2017, it is mandatory for them to swipe their smart cards while entering the club and using all departmental services.

Please note that services will be provided against smart card only.

## REFURBISHING OF CHAMBER ROOM

Members are informed that refurbishing work of club's residential rooms on 2nd floor will start from 14th March, 2019 and likely to be completed during first week of June, 2019. The exact date of completion will be intimated to members in due course.

At any given time two rooms will be under maintenance. Members are requested to take note of the same. Inconvenience caused to members is regretted.

## FOR ANY ASSISTANCE, MEMBERS ARE REQUESTED TO CONTACT THE FOLLOWING PERSONNEL:

Mrs. Kavita Sagwekar : Extn. 292 (For membership related queries)  
(Admn. Manager)

Mr. Charles Saldanha: Extn.311  
(For billing related queries)  
(Asst. Accountant)

Mr. Anthony Correia: Extn.301  
(For banquet booking)  
(Catering supervisor)  
Reception counter: Extn.210  
(For room booking)  
Reception counter: Extn.200 (For events)



**Contd. from previous page...**

Mr. Pervez Wadia: Extn.301  
(For F&B/service related queries)  
(General Manager, F&B)

Mr. Mahesh Parmar: Extn. 286  
(For maintenance complaints)  
(Manager-Maintenance)

Mr. Hernoze Roowalla  
(Asst. Manager F&B) Extn.301

Mrs. Ruheen Khambatta: Extn.425  
(Sports related complaints)  
(Manager –Housekeeping  
& Sports facilities)

Mr. Prakash Ghadge : Extn.316  
(H.R. Manager)  
(For security & valet related complaints)

## Bookworm's Delight

What's new in our library?

NO.	TITLE	AUTHOR'S NAME
1.	JUROR NO. 3	JAMES PATTERSON
2.	BAD BLOOD	JOHN CARREYROU
3.	LAST BROTHER	ANDREW CROSS
4.	THREE SECRET CITIES	MATHEW REILLY
5.	THE MARS ROOM	RACHEL KUSHNER
6.	AMBUSE	JAMES PATTERSON
7.	IN A HOUSE OF LIES	IAN RANKIN
8.	FOREST OF ENCHANTMENTS	CHITRA BANERJEE
9.	NEXT PERSON YOU MEET IN LEAVEN	MITCH ALBOM
10.	THE 5 A.M. CLUB	ROBIN SHARMA
11.	NOTES FOR HEALTHY KIDS	RUJUTA DIWEKAR
12.	IN HIS FATHER'S FOOT STEPS	DANIELLE STEEL
13.	THE RECKONING	JOHN GRISHAM
14.	HEADS YOU WIN	JEFFERY ARCHER
15.	WE ARE DISPLACED	MALALA YOUSAFZAI
16.	THE TEMP	MICHELLE FRANCES
17.	DON'T TELL THE GOVERNER	RAVI SUBRAMANIAN
18.	THREE THOUSAND STITCHES	SUDHA MURTY
19.	SECRET PREY	JOHN SANDFORD
20.	PALE HORSE RIDING	CHRIS PETIT
21.	GIRL IN SNOW	DANYA KUKAFKA
22.	A SPOONFULL OF MURDER	ROBIN STEVENS
23.	BEAUCHA MP HALL	DANIELLE STEEL

# The Malabar Times Event Calendar

While the times/dates are accurate at the time of printing, any further changes to the events listed here may be found on the notice board/ the Club's website.

## Housie

### March, 2019

Sunday: 3rd, 10th, 17th & 24th

Thursday: 7th, 14th, 21st & 28th

### April, 2019

Sunday: 7th, 14th, 21st & 28th

Thursday: 4th, 11th, 18th & 25th

#### Sunday

Timings: From 10.30 a.m. To 12.00 noon

Venue: Little Gibbs Restaurant

#### Thursday

Timings: From 5.15 p.m. to 7.00 p.m.

Venue: Palazzo Restaurant



Guests are permitted only for Thursday's housie

Note: Members have to be present along with their guests at the housie venue

Children below 18 years of age are not allowed.

Housie room is a no cell phone zone.

Fine for breaching the above will be levied as per the Club's rules.

## Club Anniversary Bumper Housie

(for members only)

**March, 2019, Sunday, 31st**

From 5.45 p.m. to 8.30 p.m.

Venue: Overdrive - 3rd Floor

### \* ATTRACTIVE PRIZES TO BE WON \*

Variety of snacks at self-service counter

Note: Children below 18 years of age are not allowed

Mobile phones will not be allowed in the housie room

Compulsory contribution of ₹50/- per head + taxes

Menu will be displayed on the notice board

Optional dinner: ₹150/- + taxes per head

## Pairs Bridge Tournament

(for members and their guests)

The club will be hosting a monthly pairs bridge tournament.

### Every 2nd & 4th Saturday of the month

Timings: 2.15 p.m. To 4.30 p.m.

**March, 2019:** Saturday: 9th & 23rd

**April, 2019:** Saturday: 13th & 27th

Venue: Palazzo Restaurant

Entry fee: ₹200/- for members

₹300/- for guests



A bridge trophy will be awarded to members who accumulate maximum points at the end of the year. Guests are eligible for receiving cash awards for every single win.



MALABAR HILL CLUB

# Annual Bridge Tournament 2019

(for members and their guests)



**March, 2019, Saturday, 30th**

Timings: 12.30 p.m. To 5.00 p.m.

Venue: Palazzo Restaurant

## ENTRY FEE :

₹350/- per member

(Inclusive of Lunch-Tea-Coffee- Soft drinks/Beer)

₹450/- per guest

(Inclusive of Lunch-Tea-Coffee/Soft drinks/Beer)



COCKTAILS FOLLOWED BY LUNCH  
GAMES WILL START FROM 2.00 P.M.

Fabulous prizes for members! Members can bring their own partners provided they have not collected more than 100 master points.

## Ridge Nite

(for members and their guests)

**March, 2019**

Saturday: 2nd, 16th, 23rd & 30th

**April, 2019**

Saturday: 6th & 20th

Venue: The Ridge Bar

The last order will be at 12.00 a.m.

Music will be turned off at 1.15 a.m.

The lights will be put off at 1.30 a.m.

## EVENT CALENDAR

### Ridge Nite (contd.)

Please note that no member is allowed to be present on the Club's premises after this hour.

One member can introduce only 8 guests

Guest charges : ₹100/- + taxes as applicable + usual guest fee

Note: Members please be informed that Friday's DJ. will play up to 11.30 p.m. only at the Ridge Bar

## Western Soft Music: Vocal & Keyboard

(for members and their guests)

**On every 3rd Tuesday of the month**

Venue: Palazzo Restaurant

Timings: 8.00 pm. To 10.30 p.m.



**March, 2019:** Tuesday: 19th, Michael & Sunita

**April, 2019:** Tuesday: 16th, Michael & Sunita

## Musical Evening of Old and New Hindi Songs

(for members and their guests)

Venue: Palazzo Restaurant

**March, 2019:** Monday, 25th, Amit Sinha

**April, 2019:** Monday, 22nd, Amit Sinha

Time: 8.00 p.m. to 11.00 p.m.

▪ Only 8 guests per member are allowed



# Saturday Mash Nite

(for members and their guests)

**March, 2019**, Saturday, 9th

**April, 2019**, Saturday, 13th, & 27th

Venue: The Ridge Bar

The last order will be at 12.00 a.m.

Music will be turned off at 1.15 a.m.

The lights will be put off at 1.30 a.m.

Please note that no member is allowed to be present on the Club's premises after this hour.

One member can introduce only 8 guests

Guest charges: ₹100/- + taxes as applicable + usual guest fee

Note: Members please be informed that Friday's DJ. will play up to 11.30 p.m. only at the Ridge Bar

## Senior Citizen Members' Get-together

Musical evening with dinner



**March, 2019**, Saturday, 23rd

Timing: from 5.30 p.m. to 9.30 p.m.

Venue: Overdrive

Charges: ₹100/- for members + taxes as applicable

Light snacks will be served during the programme

Dinner will be served at 7.30 p.m.

Please give your suggestions/views to Mr. Asit Pandya, Convenor on tele. No.9821071706



## Senior Citizen Members Get Together

**April, 2019, Saturday, 20th**

From 5.00 p.m. to 7.00 p.m.

Venue: Palazzo Restaurant

(no charges)

Topics will be displayed on the notice board

Hoping to see you on 20th April at 5.00 p.m.

The meeting will be followed by fellowship and snacks

You are requested to be seated by 5.15 p.m. The main door will be shut once the programme begins.

Please give your suggestions/views to Mr. Asit Pandya, Convenor on 9821071706

## Holi Special Buffet Dinner

(for members, their families and guests)



**March, 2019, Thursday, 21st**

Timings: 7.30 p.m. To 10.00 p.m.

Venue: Courtyard

Charges : Members: ₹250/- per head + taxes as applicable

Guests: ₹300/- per head + taxes as applicable

**Booking opens on 1st March, 2019**

**No cancellation accepted after 20th March, 2019**

Booking forms available at the reception counter

Menu will be displayed on the notice board

## Special Veg. Buffet Lunch (Aamras-Poori)

(for members, their families and guests)

**April, 2019**, Sunday: 14th, 21st & 28th

**May, 2019**, 5th, 12th, 19th & 26th

Timings: 12 noon to 2.30 p.m.

Venue: Courtyard

Charges : Members: ₹250/- per head + taxes as applicable

Guests: ₹300/- per head + taxes as applicable

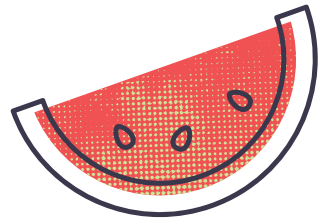
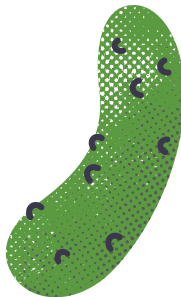
(Inclusive of usual guest charges)

2 items each of Farsan/Snacks, Vegetables,

Dal/Kadhi, Rice, Aamras (limited),

Pooris/Rotli, ppc & Kachumber

Booking forms available at the reception counter.



## CLUB ANNIVERSARY PROGRAMME

(FOR MEMBERS)

INVITING ALL MEMBERS TO  
JOIN US IN CELEBRATING  
72<sup>ND</sup> CLUB ANNIVERSARY

**March, 2019, Saturday, 30th**

Venue for members: Ridge Bar /Overdrive/Courtyard

From 7.00 p.m. to 11.00 p.m.

Charges: For members: ₹250/- per head + taxes

For booking done after 27th March, charges will be ₹500/- + taxes

**Booking opens on 1st March, 2019**

**No booking accepted after 30th March, 2019**

Booking forms available at the reception counter

Dinner will be served after 10.00 p.m

Menu will be displayed on the notice board

Bookings can be done through fax and e-mail, giving complete details

- Register your entry at the reception counter
- Collect admission coupons from the reception counter at the time of booking
  - Ayahs/maids will not be allowed to enter the venue
  - Book early to avoid disappointment
- From 6.00 p.m. card room/billiards room/garden/Ridge Bar/restaurants will be closed
  - Members who have booked for the Club anniversary only will be allowed in the Club premises.
- Children will not be allowed after 6.00 p.m. No a-la-carte service after 6.00 p.m.





# Navroze Buffet Dinner

(for members and their guests)

**March, 2019**, Thursday 21st

Timings: 8.00 p.m. to 10.30 p.m.

Venue: Overdrive

Charges: Members: ₹450/- per head + taxes as applicable

Guests: ₹550/- per head + taxes as applicable

(plus usual guest fee as applicable for guests)

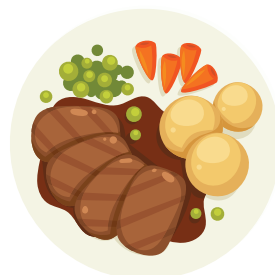
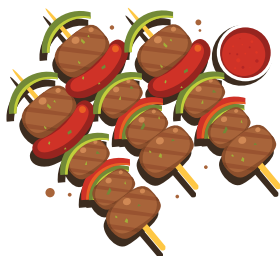
**Booking opens on 1st March, 2019**

**No cancellation accepted after 19th March, 2019**

Booking forms available at the reception counter

Bookings can be done through fax and e-mail, giving complete details

Menu will be displayed on the notice board



## Muthuswamy Buffet Dinner

(For Members, their families and Guests)

**March, 2019, Sunday 17th**

Timings : 8.00 p.m. to 10.30 p.m.

Venue : OVERDRIVE

Charges : Members: ₹500/- per head + taxes as applicable

Guests: ₹600/- per head + taxes as applicable

(inclusive of usual Guest charges)

**Booking opens on 1st MARCH, 2019**

**No cancellation accepted after 16th MARCH, 2019**

Booking forms available at the

Reception Counter.

## Muthuswamy Buffet Dinner

(For Members, their families and Guests)

**April, 2019, Sunday 14th**

Timings : 8.00 p.m. to 10.30 p.m.

Venue : OVERDRIVE

Charges : Members : ₹500/- per head + taxes as applicable

Guests : ₹600/- per head + taxes as applicable

(inclusive of usual Guest charges)

**Booking opens on 1st APRIL, 2019**

**No cancellation accepted after 13th APRIL, 2019**

Booking forms available at the Reception Counter.



# Menu

WELCOME DRINKS:  
LEMON SODA PUDHINA

MAIN COURSE  
THAAT IDLI  
BRAHMIN IDLI  
KARA PANIYARAM

CHUTNEY 4 TYPES  
ONION SAMBAR  
JAIN SAMBAR

SANGEET VADA

RASAM VADA  
PARUPPU VADA

ASSORTED DOSAS 7 TYPES  
ASSORTED UTTAPPAMS 4 TYPES

CURD RICE  
BESIBELA RICE

VEG PULAV  
PAPADAM  
PICKLES  
DRY CHILIES  
DAHI PACHADI

PONGAL  
BRINJAL GOZHU

PINEAPPLE KESARI  
GULAB JAMOON  
MALAI KULFI or ICE CREAM

FILTER COFFEE  
BEEDA PAAN



# THE LAND OF THE INCAS

Peru, a country located in western South America is a land of distinct geography, vivid biodiversity, and is home to some of the oldest civilisations – from the Norte Chico in the 32nd century BC, the oldest civilisation in the Americas and one of the five cradles of civilisation to the Inca Empire, the largest state in pre-Columbian America.

Ashutosh Gotad





**P**eru is a beautiful country endowed with great natural landscapes, and rich cultural legacy. The sharp contrast between forests and deserts on the coast, deep ravines and towering snow-capped mountains in the Andean highlands, densely forested slopes and huge plains of thick vegetation in the Amazon jungle, and wide-ranging, unique flora and fauna. Add to this the rich history and culture of this place and it makes for a must-visit on every explorer's travel list.

#### PLACES TO SEE

##### **MACHU PICCHU**

A Peruvian Historic Sanctuary, Machu Picchu was declared a UNESCO World Heritage Site in 1983. It is an ancient Inca citadel situated 7,000 feet (2,100 meters) above sea level in







the Andes Mountains and is the most popular icon of the lost civilisation. It remained unknown to the outside world until it was discovered by American historian Hiram Bingham in 1911. In the past it was the private retreat of the family of Inca ruler Pachacutec and was also a center of worship and astronomic observatory. It has an interesting layout of stone staircases and canals running all across its length and breadth.

### **THE SACRED VALLEY OF THE INCAS**

The Sacred Valley used to be the hub of the Inca Empire in the Andes and is located close to Machu Picchu. The Incas are said to have favoured it due to its special geographical and climatic qualities. The region contains numerous archaeological remains and villages including the Inca cities of Pisac and Ollantaytambo.

### **LIMA**

Lima, known as 'City of the Kings' is the capital of Peru and is a hub for experiencing country's historic legacy and culinary delights. It is one of South America's largest cities and is a bustling metropolis. It has numerous museums, notable among which are Museo Nacional de Arqueología,

Antropología e Historia del Perú, Museum of Art, the Museo Pedro de Osma, the Museum of Natural History, the Museum of the Nation, Sala Museo Oro del Perú Larcomar, the Museum of Italian Art, the Museum of Gold, and the Larco Museum. They focus on art, culture, natural history, science, and religion.

### **AREQUIPA**

This is the country's second most populous city, and is referred to as 'The White City'. With its stunning colonial buildings made of pearly sillar stone and the surrounding volcanoes and snow-capped peaks of the western Andes, the city is a favourite among tourists. It is a bustling place with many museums, historic centres, cafes and restaurants, all catering to domestic as well as many international tourists. Colca Valley has trekking circuits—a network of practically endless trails that wind through the mountains, linking old colonial villages. There are many beautiful lakes, irregular stone formations, and unique flora and fauna, all begging to be explored.

### **CUSCO**

Cusco serves as the base for tourist visiting popular attractions such as Machu

There are many beautiful lakes, irregular stone formations, and unique flora and fauna, all begging to be explored.





Picchu and the Sacred valley of the Incas. It was the erstwhile capital of Inca Empire. It has many well-preserved buildings dating back to Inca and Spanish colonial times. The main square Plaza de Armas is surrounded by restaurants, cafes, and churches.

## IQUITOS

Iquitos is a city inaccessible by road. Hence, one has to rely on boats or planes to enter it. It is located on the banks of the Amazon and is a gateway to explore the mighty river. Many tour agencies operate boat service for adventurers who come here to explore the Peruvian Amazon.

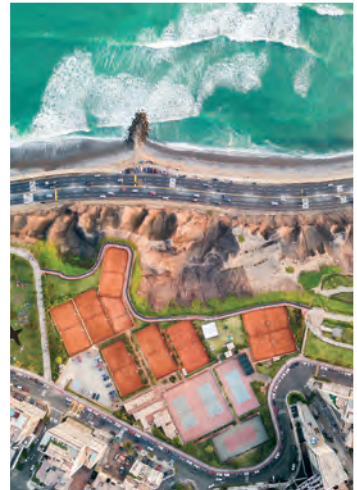
## NAZCA DESERT

Nazca Desert is located on an

arid plateau along the Pacific coast of Peru. It is the land of the mysterious Nazca lines—a group of large geoglyphs formed by depressions or shallow incisions made in the soil. These are believed to have been made sometime between 500 BCE and 500 CE and the geographic and climatic condition of the desert have aided their preservation till date. The best way to observe these are by getting onboard a Cessna, though these can be observed from surrounding high altitude places as well. An observation tower along the Pan-American highway provides view of three of the figures.

## MANCORA

Mancora is the trendiest



beach in Peru, attracting a surf crowd from around the globe. It is a highly welcome and very enjoyable stopover when travelling along the north coast.

## CUISINE

Peru is a land of contrasts and this is reflected in its food culture too. Many of its are influenced by the indigenous population including the Inca and as well as recipes brought in with colonisers and immigrants from Europe. Some of the popular delicacies are-



## CEVICHE

Considered the country's national dish, ceviche contains marinated raw fish or seafood garnished with herbs and is served as an appetizer, with many variations (pure, combination, or mixed with fish and shellfish). It is one of the most commonly found preparations in coastal areas and is typically served with sweet potato.



## CAUSA

Causa has an interesting war-history is equally delicious to eat too. It is made from mashed potato mixed with tuna, avocado, and tomato.



## LOMO SALTADO

Lomo Saltado is perhaps the most popular meat dish in Peru and Peruvian and Chinese origins. It consists of flame-cooked meat in the wok and mixing local ingredients such as amarillo chillies, tomatoes, and red onions. It has a smoky flavor and the sauce—a mix of Peruvian and Chinese ingredients—accentuate the taste.

## SUSPIRO A LA LIMEÑA

A highly popular dish in the capital city of Lima, Suspiro a la Limeña is a dessert and carries the city's name. It is a combination of caramelised sugar and smooth meringue.

## TACU TAC

This is a kind of rice and beans dumpling and has Afro-Peruvian origins. Of recent it has gone many innovations as gourmet chefs have begun adding amarillo chilli, asparagus, leek, avocado, and mango to it.

This is not even scratching the surface and there is so much more to explore in Peru. Being a prominent South American nation, Peru is well-connected to all major cities of the world. So, if planning a trip to the other side of the globe, do think of Peru for all its natural history, ancient cultures, and culinary delights.

# Photogallery



American Jumble Tennis







Republic Day Celebrations at the Club





Republic Day Celebrations at the Club





Home Table Tennis Tournament







## MHCCL-3 Scorecard

Best Batsmen of the Tournament - Rishil Shah 219 Runs

Best Blower of the Tournament - Amit Photographer 13 wickets

Man of the Series - Manan Shah 191 Runs & 7 wickets

### BATTING PERFORMERS

Rishil Shah - 219 runs

Manan Shah - 191 runs

Ankur Jhaveri - 156 runs

Samir Mogul - 132 runs

### BOWLING PERFORMERS

Amit Photographer - 13 wicks

Kamlesh shah - 8 wicks

Manan Shah - 7 wicks

Priyaj Jhaveri - 7 wicks

Mehul Parikh - 7 wicks

### Game 1

Rockets 172/8 lost to

VM Fighters 173/4

Man of the Match - Manan Shah

### Game 2

Bayside Predators 131/7 lost to MHC ALLSTARS 133/5

Man of the Match - Amit Photographer

### Game 3

Bayside Predators 191/7 lost o Rockets 195/2

Man of the Match - Sohil Shah

### Game 4

VM Fighters 136/7 lost to MHC ALLSTARS 138/3

Man of the Match -Samir Mogul

### Game 5

Bayside Predators 144/10 lost in Super over to VM Fighters 144/10

Man of the Match - Manan Shah

### Game 6

MHC ALLSTARS 178/5 defeated Rockets 143/7

Man of the Match - Ronak Seth

### Finals 3rd and 4th place

Rockets 129/9 lost to Bayside Predators 134/1

Man of the Match - Rishil Shah & Priyaj Jhaveri

### Grand Finals

MHC ALLSTARS 103/10 lost to VM Fighters 109/4

Man of the Match - Kamlesh Shah



Sufi Nite







Friendly match with Chembur Gymkhana



American Jumble Badminton



Senior Citizens' Get-Together





# Malabar Hill Facts

According to many, the name 'Malabar Hill' was given to the area due to the false assumption that pirates from Malabar region in south India used to land here. However, they actually were seafarers from the Konkan belt. Most of them were part of the Maratha navy and used to come on a pilgrimage to Walkeshwar Temple and Banganga Tank. Their landing point came to be known as 'Malabar Point', and eventually the hill came to be known as Malabar Hill.

Another version is that the prominent Keyi family of North Malabar in Kerala owned many areas in Mumbai including the Malabar hill, and the hill derives its name from the place of origin of that family. However, there is no concrete evidence to support this theory.



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